Back to Basics

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Back to Basics

Effecting Positive Change Through Basics

1

Three Questions

- How do we view patients as healthcare professionals?
- How are we as Healthcare Professionals viewed by patients?
- What is our understanding of Back to Basics?

2

Which healthcare professional is responsible for returning to Back To Basics?

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3

All Healthcare Professionals

EVERYONE HAS A SKILL. EVERY SKILL IS IMPORTANT.

What would we do if Technology Failed?

Have we lost our basic fundamentals of healthcare? Examples

- Backrubs have been replaced by pressure mattresses
- Bed baths have been replaced by microwaveable or heated disposable bathing kits
- Allowing the patient to wash their hands/face has been replaced by healthcare professionals doing the task instead of allowing the patient that time to maintain that independence and dignity
- Healthcare professionals must spend time on documentation rather than time at the bedside/less time on required work/checks

Returning to Back to Basics

- Recognise that healthcare is becoming increasingly complex and significantly more technical in nature
- Recognise it and check in with yourself as a healthcare professional
- Recognise at anytime technology may fail us
- Recognise that it is still humans operating technology
- Reflect on what you would do if you didn't have access to technology
- Reflect on your own practice and prioritise what you can change in your practice

7

How can we return to Basics in Healthcare?

- Patient environment
- Patient education
- Psychosocial/Spiritual care
- Nutritional Care
- Hygiene Needs
- Post-operative/procedure care and general care
- Hand hygiene
- Communication
- Technology versus no technology

8

Healthcare is not always a smooth road

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Avoid being the busy healthcare professional

TIME'S UP
HEALTHCARE

NOW

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Remember to return to the Basic fundamentals of Healthcare…..it is in your hands.

11

THANK YOU

Any questions ?

12